Eco Certificate

<u>Complete at least 15 of the tasks on the following list</u> - proof required for each! You can take e.g. a picture / video of yourself doing the task. Note that each task should be done separately, i.e. you can't use the same image to check off multiple tasks! You can complete the tasks at your own pace :)

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1. Eat vegan / vegetarian food in a student restaurant
2. Make vegan / vegetarian food at home
3. Make a sitsfest costume out of recycled materials
4. Visit a thrift store
5. Sell things at a thrift store
6. Bring a reusable cup / plate etc. with you(e.g. for tea/coffee)
7. Have Fairtrade tea / coffee at the university
8. Darn a sock :)
9. Fix something that's broken (not a sock :( )
10. Complete the course 'WISY1001: Introduction to Planetary Well-Being' (1 credit)

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11. Explore (other) sustainability/environment related courses / study modules
12. Visit the woods!
13. Buy local food (e.g. through Jolppi ry or REKO Jyväskylä)
14. Buy seasonal produce
15. Take part in your association's / interdisciplinary / JYY's sustainability-/environment themed event (e.g. thrift store appro, JYY sustainability week, etc.)
16. Take part in a sustainability-/environment themed event outside the university (e.g. newbie nights for related associations, related protests/manifestations, etc.)

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17. Acquaint yourself with / take part in JYU.Wisdom activities
18. Walk / bike to campus
19. Grow a plant
20. Sign (or start!) a petition/initiative related to a sustainability-/environment themed subject of your liking
21. Share a petition/initiative with a friend (or online, e.g. a social media post, link, opinion piece etc.)
22. Contact decision makers (e.g. local council) / a company etc. on a matter related to a sustainability/environment
23. Read a book / watch a documentary related to a sustainability-/environment themed subject

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24. Estimate your own carbon footprint (e.g. ‘ilmastodieetti.fi’ carbon footprint calculator)
25. Return the cans/bottles from your association’s event
26. Build an insect hotel <3
27. Get second hand something you’d normally buy new
28. Borrow something!
29. Sort your trash (as best you can)
30. Make a biowaste bag out of old newspapers (instructions online)
31. Put a ‘no adverts’ sticker on your post box
32. Super quick shover! (No picture evidence required for this one)
33. Spot & identify a bird (¤v¤)

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34. YOUR CHOICE!

Can you think of something else with a positive effect on the environment? If you've e.g. volunteered for an environmental cause, donated to a related association, etc. etc. you can mention it here! You can complete a max. of three tasks of your own choosing.

After you've completed at least 15 of these tasks, present the evidence to the person responsible for checking it at your own association & and get your patch!